

Parent Requests Formula

Ask more to understand what the concern is

Example: "I don't have anything yet", "baby is not getting enough", "baby is still hungry", etc.

Restate the concern

"So you are worried because..." or "Your concern is that..."

Review Education as Appropriate
Reassure regarding normal physiology

Particularly:

- *Expecting only drops for the first few days*
- *Continuing to suckle empty breast is a strong signal to increase production*
- *Baby's job is to be at breast frequently to tell the body he/she is here*

Observe a feeding

Make sure latch and nipples are "comfortable" for mom during feed.

Evaluate and document effectiveness of latch

- *90 degree angle from nose-angle of jaw-chin*
- *Lips splayed*
- *Vigorous sucking, Baby calms*
- *Audible swallows*
- *Mom answers "no" to all questions about feelings of discomfort*

Assist with latch as needed

Alert Lactation Consultant of latch issues

Evaluate Objective Data

1. *Is wt. > 10% down from birthweight at less than or equal with:*
 - *less than one wet diaper for each 24 hours of age? (example: no void first 24 hours of life or only one void in second 24 hours of life). OR...*
 - *bili continuing to rise at rapid rate despite phototherapy? OR...*
 - *the mouth is dry?*
2. *Has the baby NEVER successfully fed and is now over 24 hours of age AND mom is not able to hand express or pump ANYTHING, even drops?*

If the answer is YES to one or more of these questions:

1. *Get mom pumping at least 15 minutes after each feed (warn that nothing may come out, but that it is for stimulation).*
2. *Call MD to consider order for supplementation (usually up to 15cc added to what mom pumps after breastfeeding attempt given by alternate method) (if fingerfeeding, make sure baby "roots" for finger, and that nothing is given until "vacuum cleaner sucking")*

If the answer is NO to ALL of these questions:

Probably no medical need to supplement at this time
Reassure based on objective data and normal physiology

They still prefer to supplement after education and observation of latch

Support Mom's Informed Decision

Discuss ways to supplement that will most preserve breastfeeding

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Document education on

1. *Benefits of exclusive breastfeeding (consider www.monkeysee.com videos: search "newborn" then click on "Dr. Ann Kellams" for topics)*
2. *Risk of not being successful if supplementing, especially without pumping*
3. *Limiting the amount to 15cc q feed if < 48hrs*
4. *Importance pumping for 15 minutes for each time the baby is supplemented*
5. *Consider an alternate method like fingerfeeding*

To Do:

1. *Give 15cc formula in a volufeeder*
2. *Set up the pump and demonstrate use (even if mom is ambivalent, in case she changes her mind)*
3. *Refrain from filling the drawer with formula*
4. *Discuss with the medical team and LC in the morning, or now if on days*

NOTE: Plans other than these require a physician order